

Celerion's Symposia Series: Bridging the Gap from Phase I to Proof-of-Concept

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#### **Diabetes and Drug Development**

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#### **Diabetes and Drug Development**

- Considerations about a complex chronic disease
  - Epidemiology
  - Physiology/Pathophysiology
  - Regulatory



## Framework for Evaluating Investments in New Drugs

| Dimension   | Examples of types of drugs                              | Possible influences   |
|---|---|---|
| Development cost                                    | Niche drugs vs.<br>drugs for common<br>chronic diseases | Regulatory policy or new business model                           |
| Selling cost of drug                                | Specialist vs. GP                                       | Regulatory policy or new business model                           |
| Differentiation from existing drugs                 | Short survival vs.<br>chronic                           | Only influenced via<br>investment in basic<br>scientific research |
| Incidence and<br>prevalence of treated<br>condition | Rare vs. common<br>chronic                              | Only influenced via<br>investment in basic<br>scientific research |

\* Drugs are most favorable for investment when they have low development and selling costs, are highly differentiated from available treatments, and target conditions with a high incidence and prevalence.

#### **Definition of Diabetes**

- Fasting Blood Glucose ≥ 126 mg/dL
- 2 hour post OGTT ≥200 mg/dL
- Casual Blood Glucose ≥200 mg/dL and Symptoms of Hyperglycemia
- HbA1c ≥ 6.5%

#### Epidemiology

 Based on the IDF Diabetes Atlas 5<sup>th</sup> Edition 2012 Update - New estimates for 2012 of diabetes prevalence, mortality, and healthcare expenditures



### More than **371 million** people have diabetes.

TOP 10 COUNTRIES/TERRITORIES FOR PEOPLE WITH DIABETES (20-79 YEARS)



#### The number of people with diabetes is **increasing** in every country.

TOP 10 COUNTRIES/TERRITORIES FOR PREVALENCE\* (%) OF DIABETES (20-79 YEARS)

| COUNTRY /TERRITORY |                                | PREVALENCE (%) |
|--------------------|--------------------------------|----------------|
| 1                  | Federated States of Micronesia | 37.2           |
| 2                  | Nauru                          | 30.1           |
| 3                  | Marshall Islands               | 27.1           |
| 4                  | Kiribati                       | 25.5           |
| 5                  | Tuvalu                         | 24.8           |
| 6                  | Kuwait                         | 23.9           |
| 7                  | Saudi Arabia                   | 23.4           |
| 8                  | Qatar                          | 23.3           |
| 9                  | Bahrain                        | 22.4           |
| 10 Vanuatu         |                                | 22.0           |

\*comparative prevalence

# Half of people with diabetes don't know they have it.

UNDIAGNOSED PERCENTAGE AND UNDIAGNOSED CASES OF DIABETES (20-79 YEARS) BY REGION



# Half of people who die from diabetes are **under** the age of 60.

DEATHS ATTRIBUTABLE TO DIABETES BY AGE (20-79 YEARS)



## **4.8 million** people **died** and **471 billion USD** were **spent** due to diabetes in 2012.

HEALTHCARE EXPENDITURES AND DEATHS PER 1,000 DUE TO DIABETES BY INCOME GROUP



#### Pathophysiology

- Impact of dysglycemia on complications
- Some known contributors to diabetes
- Genes and clinical factors in diabetes prediction

Hazard ratios, with 95% confidence intervals as floating absolute risks, as estimate of association between category of updated mean haemoglobin A1c concentration and myocardial infarction, stroke, microvascular end points, cataract extraction, lower extremity amputation or fatal peripheral vascular disease, and heart failure.





UKPDS Cross-sectional and 10year cohort data for FPG, HbA 1c, weight, and fasting plasma insulin in patients on chlorpropamide, glibenclamide, or insulin, or conventional treatment



#### **The Ominous Octet**



DeFronzo R.; Diabetes 2009

#### **Pancreatic Tissue**



Source: Wikipedia

#### **Pancreatic Tissue**



From: Wikipedia

#### **Pancreatic Tissue**



From: Wikipedia

#### Nongenetic and Genetic Risk Factors for Type 2 Diabetes in the Malmö Study



Lyssenko V et al. N Engl J Med 2008;359:2220-2232.

#### **Receiver/Operator Curves for Genetic and Clinical Factors**



### Improvement of diabetes risk score with genetic markers for genes associated with T2DM



Herder and Roden, Eur J Clin Invest 2011, 41: 679-692

#### Regulatory

- FDA Guidance for Industry:
  - Diabetes Mellitus Evaluating
    Cardiovascular Risk in New Antidiabetic
    Therapies to Treat Type 2 Diabetes 2008
  - Diabetes Mellitus: Developing Drugs and Therapeutic Biologics for Treatment and Prevention - 2008

#### Regulatory

- Preclinical Development
  - Target identification
  - Cell studies, target engagement, signaling
  - Animal studies (efficacy and safety)
  - Toxicology studies
  - FDA consultation
- Clinical Development
  - Phase I FIM, PK, PoC



#### **Regulatory cont.**

- - Phase II
  - Phase III
    - ~2500 exposed subjects at filing
    - 1300-1500 with 12 month data
    - 300-500 with > =18 month data

durability, comparator

- Phase IV Pediatric development program
  - Safety monitoring



#### Regulatory

- Clinical Development
  - Phase I
    - FIM, PK, Proof of Concept (PD)...
  - Phase II
    - Dose finding (focusing)
  - Phase III
    - Efficacy and safety
    - CV safety



#### Summary

- Diabetes is a complex and chronically progressive disease with increasing world-wide prevalence
- There is a need for additional diabetes drugs
- Many potential targets exist to improve glycemic control and prevent diabetic complications
- Development of new drugs is challenging and expensive



### **Questions?**