

Adaptive and Innovative Study Designs to Accelerate Drug Development from First-In-Human to First-In-Patient

Michelle L. Combs, PhD Vice President, Clinical Pharmacology Sciences

## **Definition of Adaptive Designs**

- A clinical trial design that uses accumulating data to decide how to modify aspects of the study as it continues, without undermining the validity and integrity of the trial.<sup>1</sup>
- "...clinical trials can be designed with adaptive features (i.e. changes in design or analyses guided by examination of the accumulated data at an interim point in the trial) that may make the studies more efficient..."<sup>2</sup>

<sup>1</sup>Adaptive Designs in Clinical Drug Development : An Executive Summary of the PhRMA Working Group. Journal of Biopharmaceutical Statistics, 16: 275-283, 2006 <sup>2</sup> Food and Drug Administration: Center for Drug Evaluation and Research (CDER). Guidance for Industry - Adaptive Design Clinical Trials for Drugs and Biologics, Feb 2010



#### **Bayes Theorem**





## Exploratory vs. Adequate and Well-Controlled Adaptive Designs

#### Adequate & Well Controlled Studies

- Focus on avoiding increased rates of false positive study results (increased Type I error rate)
- Intended to support marketing a drug
- Because of potential for regulatory impact, primary focus of FDA guidance

#### **Exploratory Studies**

- Studies that do not rigorously control the Type I error rate
- Designed from the outset to allow changes in the design during the study based on interim examinations of data
- May have multiple endpoints to be considered in the results

Exploratory studies are generally conducted earlier in the drug development program than the A&WC studies and have an important informative role in drug development.

## **SAD/MAD Combination Studies**



S = single dose M = multiple dose SAFETY CHECK =

#### **Adaptive Study Designs in Early Clinical Research**



# **Case Study 1**

Requested Design	Traditional SAD Sequential MAD	5 Cohorts Up to 5 Cohorts
Expected Half-life (from IB)	Mouse Monkey	~0.8 h 1.1 h
NOAEL		~40 mg/kg/day
Starting Dose	Calculated Selected	90 mg 50 mg

## **Cohort I**



PK parameter	Cohort I
AUC0-t (ng/mL h)	133407
AUCinf (ng/mL h)	270000
Cmax (ng/mL)	3478
Tmax (h)	2.75
Half-life (h)	64



#### **Cohort I**





### Cohort 2





### Cohort 2





## **Case Study I Continued**



#### **Case Study 1 Redesigned**



## Optional Modifications (drug/therapeutic area specific)



# Case Study 2

Requested Design	Combined SAD/MAD
Therapeutic Area	Endocrinology
Study Population	SAD: Normal Healthy MAD: Target Population

### **Case Study 2**



## Adapting MAD Starting Point Based on Modeling Approaches

- Selecting MAD starting dose can be challenging
- Traditional approach has been to "ballpark" the MAD starting point well before any data collected or once SAD data available, taking ~30% of highest tolerated SAD dose level
- Modeling and Simulation using:
  - Non-compartmental approaches
  - Compartmental approaches



## **Non-Compartmental Approach**

- Based on a minimum of three SAD cohorts to establish doseproportional PK
  - Assumes proportionality continues throughout the dosage range
  - Assumes no time dependent PK changes (will be proven experimentally during MAD)



#### Linearity of Three Doses from Case Study I





## Simulating Using Non-Parametric Superposition: Rise to Steady-State



#### **Non-Compartmental Simulated vs. Experimental Data**



## **Mixed-Effect Modeling and SAD/MAD Studies**



- Confirm assumptions of exposure and effect if available
- Fit PK/PD data and simulate various regimens to optimize the effect response
- Consider M&S analysis in modification of subsequent MAD cohorts



#### Simulated Multiple-Dose Curve from SAD Data



Time (h)

## Benefits of Mixed-Effect Modeling Beyond SAD/MAD: "Learn & Confirm"



### **Case Study 2**



# **Practical Considerations**





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